



Naracoorte Lucindale Council  
*Better by Nature*



Open Your World



## **MEDIA RELEASE**

**17 February 2021**

### **COMMUNITY INVITATION TO CONTRIBUTE TO THE NARACOORTE LUCINDALE WELLBEING PROGRAM**

A partnership has been forged between Naracoorte Lucindale Council, Wellbeing SA, the Office for Recreation, Sport and Racing, Department of Human Services and other State Government agencies for the development of the Naracoorte Lucindale Wellbeing Program. All members of the community are invited to provide feedback as the program continues to be designed.

Under the program, a range of activities and initiatives will be delivered in the coming months to support physical, social, mental and community wellbeing. The initiatives will include a focus on supporting young people, families and older residents to stay connected and physically active, after a challenging year with COVID-19 restrictions and more recently bushfires.

Activities will include an 8-week wellbeing program for older adults, a school holiday program in April at the Naracoorte & District Sports Centre, come-and-try activities, community events, art projects, and a new collection of sports equipment which will be made available for community members to borrow from the Naracoorte Library.

Naracoorte Lucindale Council Mayor Erika Vickery said: “We welcome this new partnership that will create additional opportunities for our community to participate in programs that support wellbeing.

“This work aligns well with Council’s ongoing commitment to supporting community wellbeing through our parks and playgrounds, cycling and walking paths, community garden and library services.

“We welcome input from everyone in the community on the proposed range of programs for implementation.”

The pilot program also aligns with Council’s commitment to the recently endorsed Draft Regional Health Plan for the Limestone Coast.

Wellbeing SA Chief Executive Lyn Dean said: “Wellbeing SA is excited to be working in partnership with Naracoorte Lucindale Council, our State Government partners and community members to implement new initiatives to support wellbeing.

“Through the Open Your World website we have provided resources, tools and information to support the wellbeing of all South Australians and these new initiatives complement this, providing programs and activities that encourage the community to stay healthy, active and connected.”

The Naracoorte Lucindale Wellbeing Program is a partnership project between Naracoorte Lucindale Council and the South Australian Government under the Wellbeing SA *Statewide Wellbeing Strategy*.

Community members can view the proposed programs for implementation and provide feedback by visiting <https://yoursay.naracoortelucindale.sa.gov.au/naracoorte-lucindale-wellbeing-program>

To find out more contact the Naracoorte Lucindale Council on 8760 1100 or email [council@nlc.sa.gov.au](mailto:council@nlc.sa.gov.au)